

Walter et al.

Step 1	
Variable	Score
• Male sex	1
• Needs assistance with 1-4 ADLs at discharge	2
• Needs assistance with all ADLs	5
• Congestive heart failure	2
• Cancer	3
• Metastatic cancer	8
• Creatinine > 265 µmol/l	2
• Serum albumin 30-34 g/l	1
• Serum albumin <30 g/l	2



Step 2	
Total score	1-year mortality %
0-1 points	4
2-3 points	19
4-6 points	34
> 6 points	64

You JJ, et al. Just ask: Discussing goals of care with patients in hospital with serious illness. CMAJ 2013. DOI:10.1503/cmaj.121274

Walter LC, Brand RJ, Counsell SR, et al. Development and validation of a prognostic index for 1-year mortality in older adults after hospitalization.